



# Counselling Services & Mental Health support



## **Birch-HR - Counselling & Support Services**

Our dedicated team of Counsellors are here to support your employees, supporting them with work or personal related issues.

## **How we can help;**

- Access to a Counsellor within 24 hours of a referral
- Unlimited number of employee referrals supported by a team of 85 Counsellors from a wide range of modalities